**Misses Spring**

The Murray Ledger & Times selected CCHS senior Olivia Rose, right, and Murray High senior Hanna Irvin as Misses Spring 2018.

**Seniors: take note of dates**

*MaKayla Wildkins*
*Entertainment Editor*

Graduation is approaching fast, and seniors have a lot to remember.

According to teacher Melissa Spiceland, on April 10, Balfour will be delivering cap and gowns during the lunches. The balance due should be paid in cash, and checks will not be accepted.

April 13 is the deadline for Grand March. Sign up is at 3:00 p.m.

Seniors recently received the diploma presentation form, and that is due on April 16th by 5:00 p.m., and it must be turned into Spiceland in the Library Media Center. The following week, April 23rd, possible valedictorians and salutatorians are notified as well as possible honor graduates and distinguished honor graduates. This is also the last day to make a change on the diploma presentation list by 3:00 p.m. to Spiceland.

On April 27th, the possible valedictorian and salutatorian forms are due to Spiceland, as well as the possible honor/distinguished honor graduate forms. The following day, prom is from 8:00 p.m. until midnight. Grand March begins at 8:00 p.m., and all couples should be in the building ready to line up at 7:15 p.m. The doors will open to the public at 6:00 p.m.

On May 1, seniors will need to accept or decline college admissions and/or scholarship offers. Accepted scholarship awards are due to the guidance office by 3:00 p.m.

May 2 is a mentor day for seniors with four mentor days. May 3 is a mentor day for seniors with three mentor days. May 14 is a mentor day for seniors with two mentor days, and May 15 will be a mentor day for seniors with one mentor day.

May 6, a baccalaureate service will be at 1:30 p.m. at Glendale Road Church of Christ (attendance is optional). Seniors participating should be dressed in cap and gown at the designated location ready to line up by 1:15 p.m. The doors will open to the public at 1:00 p.m.

May 9 will serve as a day for seniors to practice graduation at the CFSB Center, and the elementary graduation walk-through and class awards ceremony is scheduled that day.

On May 15, seniors will graduate. All seniors should be at the CFSB center ready to line up at 6:00 p.m. Project Graduation doors will open at 11:00 p.m. and close at midnight.

**Board approves 18-19 schedule**

*Staff Writer*
*Miranda Nawrocki*

The Board of Education set the school calendar for the 2018-2019 school year.

The first day of school will be Aug. 8th.

Fall break will be Oct. 8-14th.

Thanksgiving break will start Nov. 21st and end Nov. 25th.

Christmas break will start on Dec. 20th and students will resume school on Jan. 3rd, 2019.

Sarah Loveless, school calendar representative for CCCHS, said, “One aspect the teachers like is that teachers come back for a staff work day on January 2nd, 2019. This helps teachers get organized and ready for students one day prior to students coming to start the new semester.”

Spring break will be April 1-7, 2019.

The last day of school will be May 16th, 2019.

**Committee decides testing rewards**

*Danny Loyd*
*Staff Writer*

End-of-Course (EOC) tests are coming up for sophomores and juniors next month.

According to the Site-Based Decision Making (SBDM) Council Assessment Committee minutes, upcoming test dates are April 19th for the English II EOC Field Test, April 23rd for the Algebra II EOC Field Test, April 24th for the Biology EOC Field Test, and May 9-10th for the junior On-Demand Writing test.

As for rewards, seniors earned up to four mentor days and juniors up to two.

Mentor days will be May 2nd, 9th, 16th, and 17th. SBDM Assessment Committee chairman Angela Hoback said that mentor days are spaced out so seniors will be able to review for their finals and not miss out on the valuable time, and also to help out teachers who are administering finals.

SBDM Committee member Ashley Fritsche said that two of the four senior mentor days will be taken before the end of the year because this allows those seniors who earned four days to use them without simultaneously trying to take finals, attend graduation practice and other end-of-year activities.

Current junior mentor days are based on students’ sophomore English II EOC score and Biology EOC score. Current senior mentor days are based on College and Career Readiness, junior On-Demand Writing score, junior Algebra II EOC score, and junior U.S. History EOC score.

In fall 2018, one lunch voucher will be given for seniors, up to six total, for the following: junior On-Demand Writing, KOSSA score, and meeting the ACT benchmark in English, Math, Reading and Science Reasoning.

**FBLA sweeps region**

Sixty-five members of the CCHS FBLA chapter competed at the regional competition, and 51 CCHS members not only won their event, but 28 of those students were named regional champions. First place seniors include Michael Okada, Logan Eastwood, Holly Hardt, Carson Chapman, Suzanna Grady, Xavier Brown, Hannah Anderson, Avery Wilmuth, Jake Hunter, Lexie Lamb, Tanner Hicks, Garrett Duncan, Caleb Spain, Kathryn Foster, Ezra Banks and Jonathan Kay kendall; juniors Will Benson and Jacob Rister; sophomores Alyssa Wicker, Leah Cullop, Zoe Stomal, Jessica Wicker, John Foster, Carmen Sandoval, Ellis Stubblefield and Trinity Owen; freshmen Ainsley Smith, Hastings Birdsong, Kathryn Price and Jackson Chapman. Second Place winners include seniors Lauren Montgomery, KK Evans and Robert Franco, juniors Kati Wyatt, Austin Panahande, Janison Moorhead, Taylor Garrison and Amanda Harpole; sophomores Julia McClard, Chaney Roberts and freshman Annabel Wilmuth. Third Place finishers include seniors Garrison Capps, Katie Allen and Lindsey McNutt; juniors Garrett Scott, Avery Jennings and sophomores Skyler Kennedy, Sophia Bogard and Keeli McKeel.
Club Briefs

Murray-Calloway Robotics Team—ranked 41st at the Rocket City Regional in Huntsville, Ala., recently.

FFA—had success at FFA Paperwork Day. Twelve members who had Supervised Agricultural Experiences (SAE) were named regional champion, three were runner-up, and seven received a superior rating. Regional SAE champions were seniors Jacob Bellah, Emily Wilson, Evan Hale, Avery Wilmurth, Amberly Geurin, Sarah Palmer, Mason Rudolph, junior Joza Mikulcik and alumni Brent McClard, Lauren Wagner and Jonah Brannon won in two SAEs. Wilson was named a finalist for regional Star Farmer, and senior Hannah Anderson received the Kentucky Association of Agricultural Educators (KAAE) scholarship.

Eleven members have been selected to receive their State Degree at the state convention in June. The State Degree is the highest award a state can bestow on its members. Recipients include Bellah, Hale, Cole Houston, Anderson, Wilmurth, seniors Tanner Hicks, Lexie Lamb, Jake Hunter, Wilson, Palmer and Geurin. McClard, and alumna Cassidy Neal were approved to receive their American FFA Degree at the national convention in the fall. Members competed in the Speaking Day Contest yesterday. They are preparing for Field Day scheduled next month.

Laker Life

Fast Pace Urgent Care Clinic donated 100 emergency backpacks stocked with materials to CCHS. Pictured from left are Asst. Principal Steve Smith, Jennifer Hudgin and Sarah Stanger, APRNs, Beth Smothers, LPN, School Nurse Vicki Williams and Chelsea Presner, Fast Pace Marketing representative.

Follow these tips for prom

Miranda Naworocki
Staff Writer

With prom right around the corner on April 28th, it’s time to start thinking about all the little things that go into this perfect night. Prom coordinator Jennifer Ernstberger gave a few tips for prom to avoid any catastrophes.

On prom day, you need to start getting ready according to what time you will be eating or taking pictures. With that being said, Ernstberger said that all girls must be on time to all hair or makeup appointments.

All couples should have their dinner reservations set months before prom. It’s good to have a plan in mind to avoid any frustration throughout the day.

Due to the devastating fire that hit Patti’s Settlement, students are thinking of some other popular places to eat before prom. Some students said they plan to go to The Alley while some mentioned eating at the Stables at Murray State University.

For the girls, when picking out your prom dress, always pick out one that is comfortable and fits to your body style. Always purchase a dress at an appropriate time to make sure you have enough time for alterations if need be.

For the guys, when picking out your tux, your vest should be worn under your shirt. It would also be good to bring an extra pair of shoes to prom in case your feet get sore from wearing heels all day.

Students say, “I won’t chew my gum when I walk down the runway.” Trust me. Yes, you do. You get nervous and chew it without even realizing it.”

Most importantly, have a family member or friend hold your belongings when going through Grand March. It can be a hassle trying to keep up with them throughout your day.

Ernstberger said, “Phones are not an accessory, so don’t keep them in your hand.”

It would also be good to bring an extra pair of shoes to prom in case your feet get sore from wearing heels all day.

After everyone has walked through Grand March once, you may walk through a second time with your friends or your date just for fun.

Your prom needs a festive touch

Your prom needs a festive touch

Las Portales

1506 Lowes Drive
Murray, KY 42071
Phone: (270) 767-0315

11:00 AM-10:00 PM
Monday-Saturday
11:00 AM-9:00 PM
Sunday
We Are Where You Are
In Print or Digital, We’re Your News Source for Calloway County!

Call to Subscribe
270.753.1916
www.murrayledger.com
Students: be safe on break

Kenna Friedrich
Feature Editor

As spring break is just around the corner, yes, it’s time to have fun, have a break from school work, and be with family and friends, but it’s also important to take cautionary steps if you’re leaving the state or the country.

School Resource Officer Brandon Gallimore said he has heard stories about teens who go out of town to foreign countries and become easy targets for crimes such as theft or personal crimes such as sexual assault.

Gallimore shared some tips about how to protect yourself over break.

“One way to best protect yourself is to make sure your items are always secured and/or with you and not left laying out in a hotel room or on the beach while you swim or go do something else somewhere,” he said.

Nurse Vicki Williams shared several tips as well.

She said, “Wear sunscreen! Even if only out for a little while. Make sure sunscreen is not expired; they lose their effectiveness and often do not provide the protection we need.”

Williams added, “Take breaks from the sun. Actual sunburns do not often show up until a few hours after exposure. Make sure sunscreen is reapplied as directed on bottle or more often, and make sure it is reapplied after being in water or sweating excessively.”

Another way to protect yourself is never to take any food or drink from someone you do not know, stay with a group, and never go out alone, especially when you’re out of the country, Gallimore said.

With that being said, you need to stay hydrated. Poor fluid intake in sun exposure can lead to quick and severe dehydration, Williams said.

Another safety tip is to avoid alcohol intake.

Williams said, “This has become too common on spring breaks; it leads to serious issues including alcohol poisoning, poor decisions, and dehydration. Many times these can be fatal.”

Gallimore takes his own precautionary steps.

“I always like to keep cash hidden back; you never know when a bank card will mess up, or someone gets your information and steals from you while on vacation. I never use a credit or bank card in a foreign country, just as a general rule.”

Gallimore added, “Spring break and vacation are supposed to be fun, but there are professional thieves who enjoy this time as well and can’t wait for young, unsuspecting people to get places so they can go to work.”

Williams said to take the break to relax.

“Our bodies need plenty of relaxation and time off from stress-free environments in order to remain healthy. We often need to re-energize during breaks,” she said.

Besides taking care of your belongings and the importance of sunscreen while on a road trip, you also need to make sure your car is in good condition before leaving.

According to statefarm.com, “Arrange for a once-over by your mechanic to check tire pressure and wear, brakes, fluid levels and conditions, and wiper blades.”

The site added, “Stock your car with a car charger and portable jump-starter, as well as emergency supplies. And, make playlists or check out e-books from the library, so you have what you need to help pass the miles before you ever pull out of the driveway.”

Homecoming Court

Senior Kathryn Foster, third from left, was crowned Homecoming Queen. Her court includes seniors from left, Tori Black, Makensie Orange, Foster, Miranda Navrocki, Eleri Gesler and Suzanna Grady.

Counseling staff increases

Justice Weldon
Circulation

Many students deal with issues in which they need guidance. Calloway County Alternative Instructional Facility (CCAIF) started a contract with Emerald Therapy, a behavioral health center located in Paducah, in January.

Travis Anderson, principal of CCAIF said, “The school started this because we saw a more prevalent need for substance abuse in our schools. With each passing year, more kids are being placed in DTC for substance-related issues.”

Alumnus Jared Hill has a certification for alcohol and drug abuse counseling and is close to getting his certification in clinical mental health counseling. He works for Emerald Therapy, which has a contract with Livingston County and Calloway County Schools. He previously worked at a treatment center in Mayfield for a few years before getting his certification in 2017.

Hill is to provide behavioral and substance abuse counseling. He worked with Livingston County schools first, and asked to work with Calloway County Schools also. Discussions from his sessions stay confidential unless someone is in danger or a court requests it for a case.

According to Anderson, there have been improvements in students seeing Hill.

“But improvement is a process, not an event. Improvement has been subtle, but noticeable in some of our students,” Anderson said.

Hill is personally connected with his work. He’s had personal experience with issues he helps high school students deal with.

Hill noticed a common theme with the troubled kids—problems at home. He says children witness things that can be difficult to process for them, which results in them acting out.

Hill also realizes many of the problems his clients face have to do with mental illnesses such as depression and anxiety disorders. These kids often try to self-medicate through experimenting with substance.

“I realized that if I was able to fight through and battle what I battled, maybe I can help somebody else, too,” Hill said.

Another thing that makes it personal to him is being a Laker. He lives in Murray and his son attends the preschool.

Band earns accolades

Austyn Pivonas
Staff Writer

The Laker Band recently received a distinguished rating in every category for the eighth year in a row at the Kentucky Music Educators Association (KMEA) first district state performance assessment band festival. They earned a distinguished rating overall for the 31st consecutive year, according to Director Derek Jones.

Earlier this year, Laker Band students also had multiple achievements. Two students, seniors Micah Crouse and Roman Roberts, were selected as the 2018 Murray State University Quad-State soloists. They performed at their recital last month.

Jones said that this is a high honor as this is the first time that two soloists have been picked from the same school.

The Laker Band had great representation on the state level. Crouse and sophomore Dillon Smith went to perform in a KMEA conference in Louisville.

The two beat out students from dozens of other districts.

Crouse was first chair tuba in symphonic band, and Smith played euphonium in concert band.

They and many other students performed last month with students and teachers from Kentucky, Missouri, Tennessee and Illinois representing the quad state bands.

MSUBand.com described Quad-State Band Festivals as being the oldest continual festival in the south.

Jones said that to be in the Quad-state concert band, he filled out applications for band members who auditioned for All-District band and listed their achievements.

Several students were selected to play with the Quad-State band, including freshman Logan Wilson, sophomores Emma Roach and Smith; juniors Jaxon Polo, Aunji Jackson, Samantha Radomski and Jackson Hale and seniors Ashley Jones, Lauren Montgomery, Evan Schopker, Crouse and Roberts.

These students had to perfect and perform a piece to the best of their abilities.

Jones said that there have been participants in both Quad-State and All State since 2010, when he became director of the high school band.
Best in Show

Mallory Hlava
Editor in Chief

Senior Madison McCallum’s Animation submission to the KyAEA All-State High School Art Exhibition, Anaya, was awarded Best in Show. The art-enthusiast is enrolled in Advanced Studio Production, and Art Independent Study at CCHS. She also serves as assistant producer of LakerTV as well as president of the CC Art Club. McCallum has also been awarded the Presidential Scholarship at Middle Tennessee State University.

Greenhouse opens in April

Vice President of FFA, senior Avery Wilmurth, said that she feels gratified because of all the help this year from our school and community.

Wilmurth explained that having an outstanding greenhouse is impressive for the school. She said that she cannot wait until the community feels the happiness she feels because of the greenhouse.

Senior accepts apprenticeship

Justice Weddington
Circulation

Senior Garrett Duncan is the first Kentucky student to be placed in an apprenticeship with the Department for Community Based Services (DCBS).

Teacher Ashley Fritzsche said, “He is hard-working and met the qualifications to be eligible for this apprenticeship. This could potentially lead to long-term employment for Garrett with the state of Kentucky. He’s the first student in the entire state to be placed into this apprenticeship. When he is done and has completed his hours and training, he will be a Certified Office Manager, which is recognized by the U.S. Department of Labor, just like a degree from a university.”

To be eligible, students had to have a certain GPA, have taken specific classes, and be of a certain age. Few students were even eligible to be considered. Fritzsche and teacher Jennifer Stubblefield chose Duncan.

He has taken several business classes at CCHS. Because of this, he has knowledge in how to run an office, accounting procedures and MS Office.

Jennifer Stubblefield said, “You can’t be around Garrett long without seeing the great potential he possesses. We got him involved in FBLA; he found a niche in our business classes, became Microsoft Certified, and to say that he has blossomed as a business leader is an understatement!”

Duncan will work each position while gaining knowledge and experience. He will be working as an administrative secretary assistant, office support assistant, social service aid, social service worker, social service clinician and a family service office supervisor.

“IT seemed like a good opportunity that could help me gain experience that can help me in the future,” Duncan said.
Stereotypes fail to be accurate

**Makayla Watkins**
Entertainment Editor

According to [oxforddictionaries.com](http://oxforddictionaries.com), stereotype is defined as "a widely held but fixed and oversimplified image or idea of a particular type of person or thing."

Today, when I hear stereotype, I think of the stereotypes placed on my generation and millennials, such as we are lazy, we don't know how to take our eyes off our phones, and that we use social media way too much.

Much of the younger generations face stereotypes everywhere they go, including work, school, and even at home. My father typically sends me memes and videos making fun of millennials. We are the butt of many jokes and are widely considered as lazy and too involved with ourselves. Even with these stereotypes, we constantly rebuke them with our hard work and knowledge about technology of the modern era.

Senior Chloe Jones said that she dislikes the way that others discount Millennials and Gen Z.

"I think that people don't really realize how knowledgeable we really are about so much," Jones said. "I am constantly feeling the pressure of being the best at everything I do because otherwise, I am told that I was just being lazy when I wasn't."

Incidentally, our hard work is often discounted and dismissed because we are seen as entitled. I've often heard comments from adults saying that kids are selfish and too sensitive, when in reality, most of us ask for the respect that we often do not receive solely because of our age. Our mental health is put down, and we are told that just because we work and are involved in extracurricular activities doesn't mean our feelings of being overwhelmed are valued.

I am often told by my parents that since they worked through high school, I shouldn't feel as overwhelmed as I often do. But according to [youth.gov](http://youth.gov), one in every four to five youth in the general population has a mental disorder (11.2 percent with mood disorders, 8.3 percent with anxiety disorders, and 9.6 percent behavior disorders).

"A national and international literature review found that an average of 17 percent of young people experience an emotional, mental, or behavioral disorder," the site said. Even with these tribulations, Millennials and Gen Z are among the most accomplished generations.

According to [agencyascend.com](http://agencyascend.com), millennials are the best-educated group of young adults in all of U.S. history. The site says that 1/3 of older millennials have earned at least a four-year college degree.

Conclusively, Millennials and Gen Z are not living up to the stereotypes of being lazy.

Overuse of term minimizes actual victims

Bullying. For some of you, that word triggers strong emotions. For others, bullying is a word that makes you cringe because of how misused it is. The typical television and movie bully is a powerful male student picking children up by their legs and shaking them for their lunch money. In school, however, a bully can look like a petite little girl who bashes another girl under her breath every day.

Notice the “every day” part. Contrary to popular belief, bullying happens repeatedly over time.

According to [cnn.com](http://cnn.com), “Actual bullying, many educators and social scientists say, is intentional, repetitive abuse by a powerful person toward a less powerful target.”

So, no, it is not bullying when a girl calls you stupid one time. It is not bullying when a guy calls you ugly once. It is not bullying when someone makes you feel useless one time. While you would like to think it is so that you can have a label for those unfair actions, it is not.

The Laker Review believes it is time to stop misusing the word “bully,” and it is time to stop frequently labeling situations as bullying.

What does misusing the word do? Stompoutbullying.com says, "When we use the word 'bully' in the wrong context, we are sending a message to those around us that everyone is being bullied, and we are telling people we are victims.”

Misuse cheapens the word. If we are all victims, then no one is really a victim.

Misusing the term also puts actual victims of bullying in more danger because we do not take it as seriously. We think that if we are available to relate to a victim of bullying that it will make it better, but in all reality, it only makes it worse.

According to [cnn.com](http://cnn.com), Kevin Quinn, president of the National Association of School Resource Officers said regarding the issue, “Nothing was bullying 25 years ago. It was kids being kids. Not saying it was right, but parents thought it was part of growing up. Now we see a lot of parents trying to generalize what bullying is -- any time kids do something to each other, let’s call it bullying and deal with it that way.”

Asst. Principal Steve Smith feels that all forms of mistreatment should be reported. He said that with the many school shootings that have occurred in public schools, CCHS students must report any instance of maltreatment so that an administrator can investigate it to its fullest extent. However, there are some incidents that the school administrators cannot monitor.

Smith said, “The problem is that so much of it [bullying] takes place on social media, and most of the time, it takes place during hours away from school. I encourage students to press formal charges when threats or bullying takes place outside of school.”

It is comforting to feel like you have an answer for feeling the way you do after an argument or after a situation where someone hurts your feelings. But, reporting someone for bullying because of a disagreement is not the way to resolve the conflict.

We should label someone a bully only when we have proof of his or her mistreatment day after day.

Guidance Counselor Conda Wilson said, “The term bullying may be used when it is not necessarily bullying.”

We have become too familiar with the term. Let’s face it: everyone has the potential to be rude. Some humans are mean by nature because of hostile environments. However, if everyone got in trouble because he or she was vile, everyone would be in front of a judge. Humans want an answer for everything, and that is why we sometimes call instances of quarreling bullying.

The Laker Review believes that we as a society need to be mature enough to decipher between mistreatment and bullying.

For instance, quarreling is barely mistreatment and does not fall anywhere on the bullying spectrum. Not everyone is going to agree with you, and you have to deal with that in a mature manner.

It is difficult to set aside your own self-righteousness and blame someone else for your actions, but that is where we have greatly faulted this bullying awareness movement.

Over time, we have lost sight of what the actual definition of bullying is. Is it correct to label someone a bully after a one-time offense? No. How about if that person has repeatedly made a student feel worthless over time? Absolutely.

The Laker Review believes that we should start recognizing real instances of bullying and stop misusing this serious term. No, it is not as easy to spot a frail bully over a bully who shakes his victims for lunch money.

But realizing what bullying actually is, is a start to putting an end to it. The task becomes much more manageable when we all do not claim to be victims of bullying. Some of us are callous beings, and while it does not give anyone an excuse to mistreat others, we need to stand up for ourselves after normal human interactions.

Let us refrain from the misapplication and overuse of the word “bully” and focus on applying our newfound knowledge to serious instances of bullying.
If you could be anyone for a day, who would it be and why?

“I would like to be Adam Levine because it would be cool to experience all of the fame and the making of music.”

–Freshman Carson Bobo

“I want to be Jimmy Fallon because he’s best friends with Justin Timberlake.”

–Sophomore Emily Nawrocki

“Ellen DeGeneres because every day on her talk show, she gets to talk to the big celebrities and also helps ordinary people like you and me in big ways. She uses her money for good and spreads kindness.”

–Junior Keeli Puckett

“I would be Mia Khalifa, so I could travel the world, meet cool people, and hang out with professional athletes.”

–Senior Jordan Higgins

“Neil Armstrong because he was the first astronaut to walk the moon. The reason is to have the opportunity to inspire all people to believe that nothing is impossible.”

–Teacher John Williams

Student finds sense of belonging here

Danny Loyd
Staff Writer

Changing schools can be hard and even scary. You have all these “what if” thoughts like, “What if people don’t like me?” “What if I don’t fit in?” The anxiety kicks in; so does some fear, maybe some happiness if you didn’t like your old school and are happy to start new. Just take it from me, the newcomer to CCHS.

I started here in early January, and I was honestly terrified because being the new kid isn’t exactly my cup of tea. I’ve changed a lot of schools due to my family moving around, and I can still to this day say I hate being the new kid.

Those “what if” thoughts? They’ve hit me every time. I always fear I won’t fit in, or that nobody will like me. I’m a shy kid, so talking to people is hard, and that means making friends is hard. Learning whatever subject your new classes have been working on is hard, too.

But I can honestly say I enjoy it here at CCHS. For once in my life of being the new kid, it wasn’t hard for me because everyone that I’ve come in contact with has been so welcoming and helpful, especially the teachers I have. They taught me with the program pretty fast along with the help of some fellow students. Sure, I still had the “what if” thoughts, but those quickly disappeared after the first week of being here when I realized I had already made some friends along the line.

CCHS is also an easier school for me to attend. See, I came from a rather large high school, and it was the hardest three years of my life just because of how big the school is and how many people attend. I struggled quite a bit. Once I started attending CCHS, I noticed my stress level not as high and my grades are better than they ever were at my old school, not to mention CCHS is smaller, so I can actually get around the school pretty easily. The people here are more helpful and welcoming, and I feel like CCHS has more to offer me, especially with journaling.

For once, I don’t dread waking up in the morning to go to school. I actually kind of like it, and I haven’t liked going to school since 5th grade, so that’s saying something.

Basically, my opinion on attending CCHS is that I love it. It’s a great school with great opportunities, with such great kids and teachers. It’s nothing like my old school, and I love that about CCHS.

I’m happy to be a Laker, and happy to be a part of the Laker Nation. I finally feel like I belong for once.

CCHS should offer other languages

Madison Evans
Photographer

For the past two years, the only language classes available to high school students at CCHS have been Spanish classes. Although being able to speak and comprehend basic Spanish is a beneficial skill, so is the ability to do so with other languages. In previous years, students have had the chance to take classes in Spanish, French, Japanese and even Latin at CCHS.

As the years have passed, the teachers who taught these language classes have retired, and those specific classes have retired with them. So, why should we consider bringing more language classes back to CCHS?

Because that is what the students want. Not only will bringing more language classes to CCHS bring more cultural and learning opportunities to the school, but it will also provide students with a chance to choose a language and culture that they are interested in learning about.

Most colleges require students to take a language course in order to complete their degree, but with a previous background in Spanish, students will find it much harder to start learning the language of their choice once they begin college.

Senior Lee Smith travels to the Murray State University (MSU) campus three days a week to attend a Japanese language dual-credit course.

“So, there should be more language classes because the rest of the world teaches English at a very young age so that their children are all bilingual. In addition to helping you communicate, it also gives you a new perspective on things, and learning new things is always good. The more you can learn at a young age— and high school age is still kind of young— will continue to help you learn other things,” Smith said.

The real problem with the lack of language courses stems from a lack of teachers. With fewer and fewer teachers teaching foreign language classes, there is less opportunity for students to learn them.

CCHS Guidance Counselor Laura Crouse expanded on why finding language teachers is so difficult:

“The reason is availability of a teacher with another language. Spanish seems to be the most prevalent, currently. For other languages, the teacher needs to have a second area to teach, like retired CCHS teacher Linda DeVoss taught English and French. Students do have the opportunity to go to MSU if they qualify for Racer Academy and take beginning level languages, which gives students more options.”
Speech Team closes season

CCHS Speech and Debate Team season came to a close earlier this month after the team attended the state tournament on the University of Kentucky’s campus.

Four students advanced in their events, and one duo team placed.

Sophomore Jack Daughaday advanced through quarter and semi-finals in prose, and advanced to semi-finals in storytelling. Junior Auzin Panahandeh advanced to semi-finals in broadcasting.

Seniors Madison Evans and Kyla Mitchell advanced through quarter and semi-finals and on to final round in improvisational duo; they placed fifth in the state.

“It’s been an amazing season, and I’ve really had a lot of fun with my team,” Daughaday said.

The team will be saying goodbye to four seniors: Mitchell, Evans, Lee Smith and Makayla Waldkins.

Laker TV competes closer to home

Cheslee Wilson
Feature Editor

Earlier this month, the Student Television Network Convention was held somewhere Western Kentuckians are familiar with -- Nashville, Tenn.

Last year, students from Randy Herndon’s Laker TV and video/performance arts class attended the same convention in Anaheim, Calif.

According to Herndon, it’s an event where over 2,000 film and television students and teachers from all across the country gather to have on-site contests training seminars and various activities.

Junior Caleb Spain, a student who attended the trip to Anaheim, was excited to switch roles with the Californians this year.

“I was looking forward to seeing all the kids from California freaking out about how awesome Nashville is. I talked to some people from San Diego when we went, and they said that they couldn’t wait for Nashville.”

Senior Raistlin Morris, one of Herndon’s students who attended the convention this year, said that he was excited to spend time learning and growing with the other students in his class.

“There is a lot of seminars that we did, and I competed in some of the competitions that were assigned.”

“Last year was the first time CCHS attended. No one placed in an on-site contest, but we were there to receive the Broadcast Excellence Award for Best Regional Newscast in our region (consisting of 13 Midwest states),” Herndon explained.

“No wins this year, but it was a good experience for them!” Herndon said.

Herndon’s previous Laker TV classes won the award three years in a row in the contest although Liberty High School in Liberty, Mo., took the award home last year.
Feature Profiles

Trent Sirls
Freshman
Activities: fishing tournaments, hunting and hanging out with friends
Plans after high school: go to college at Murray State, major in Ag Business, get a good paying job
Biggest accomplishments: made it to state fishing and got my first truck

Ashia Robancho
Sophomore
Activities: fishing, trapping, hunting with my mom, soccer, and geocaching
Plans after high school: go to college, become a detective and travel
Biggest accomplishment: received a letter from Stanford stating, “Ashia has been invited to attend intensive law and trial, a program being held this summer at Stanford Law School.”

Andrew Douglas
Junior
Activities: fishing tournaments, hunting and hanging out with friends
Plans after high school: go to college at Murray State, major in Ag Business, get a good paying job
Biggest accomplishments: received a letter from Stanford stating, “Ashia has been invited to attend intensive law and trial, a program being held this summer at Stanford Law School.”

Lexie Lamb
Senior
Activities: being with my friends, lying in my hammock and playing with my dog Bo
Plans after high school: I plan to attend Murray State University. I want to major in Business Management and hopefully get a job in human resources.
Biggest accomplishment: dedicating my life to God and maintaining a 4.0 while being involved in extracurricular activities

Pagliai’s Pizza
and Italian Restaurant

970 Chesnut Street Murray, KY 42071 | (270) 753-2975 | pagliaispizzaofmurray.com |
(270) 917-2825 | bahamabucks.com
Chuck Wynn
Nanette Wynn Birdsong
Bahama Bucks is now open!
**Feature**

**Students become entrepreneurs**

**Austyn Pivoras**
Staff Writer

The CCHS Engineering Department is competing in the Next Big Thing, an entrepreneur challenge hosted by Murray State University (MSU), on April 10 at the Curris Center.

The competition consists of a student or group of students who enter with an idea for an invention around which they create a company. The students must create a completed business plan prior to the competition.

CCHS has three teams representing companies in the competition this year. One team consists of senior Caden Teneyuca, juniors Tristan Ives, Gavin Pivoras and junior Dylan Eaton. The second company will be represented by senior Austyn Pivoras. The last team from Calloway consists of junior Hunter Morrison and sophomores Cheryl Chestnut and Gavin Billington.

Teams may receive prizes by their presentation, called their elevator pitch, which can qualify them for the final round. The judges of the elevator pitches consist of community members. They can also win prizes when they make a table presentation that appeals to the judges, so the judges invest with them using competition money.

Gavin Pivoras said that he enjoys this experience because it is something new and something that can shape his future.

Engineering and graphic design teacher John Williams said, “I am excited to be participating in The Next Big Thing Challenge. It gives my students the chance to bring together technology and business in a real-world opportunity. Invention and innovation is a big part of engineering and technology education, but we seldom take our ideas out of the classroom. This challenge goes further and shows the students how these ideas can be marketed and puts these students in front of potential investors.”

**UCS applies to be National Banner School**

**Makayla Wadkins**
Entertainment Editor

CCHS is one of the many Unified Champion Schools (UCS) in Kentucky, and club President Kathryn Foster has been working hard her senior year to improve the club and spread the awareness that she believes in.

Teacher Kimberly Harpole said that the UCS Club is eligible to apply to become a National Banner School in April.

“We will be the first school in Kentucky to receive this recognition. It’s going to be huge. Although we are eligible to apply in April, the recognition will not take place until the fall,” Harpole said.

Harpole also said that the UCS team won top fundraiser team in the school/university division for the second year in a row and raised over $5,700.

“We are gearing up for our week-long awareness campaign that will take place in April. Dates are still to be determined,” Harpole said.

This will be one of the club’s biggest events to raise awareness for certain disabilities as well as promote social inclusion and acceptance for the school and community. Harpole said that they are working on expanding the peer mentor program within the school.

Regarding the club, Foster gave insight into the awareness that UCS brings, and for her personally, befriending the special-needs kids.

“I, personally, am very passionate about our ‘Spread the word to end the word’ campaign. No one really thinks about what they say when using the R word as a form of insult, and this campaign really helps to spread awareness for that,” she said. “I get to be around all of these people, and they are hilarious and so caring. I love being with them, playing sports with them, and simply being their friend.”

Foster said being so active in UCS has been an eye-opening experience for her. She said she is inspired by the kids in UCS and the benefit of this club.

UCS and its members are truly role models of CCHS.
STEM Classes

From left, juniors Gavin Pivoras, Nathan Sheehan, Tristan Ives and Dylan Eaton build catapults during Murray State's annual Engineering Day, which allows students to experience engineering and explore what the university has to offer. More than 25 CCHS students attended. Out of 360 students from eleven schools, senior Caden Teneyuca and sophomore Ethan Edwards won 1st place in the Telecommunications System Management competition. Edwards and sophomore Logan Smith earned 2nd place in the Robotics Challenge, and sophomore Emma Stallins and junior Sean Ellis earned 3rd place in the Robotics Challenge. Freshmen Justin McLeod, Alayna Fontano, Lonny Hinshey, Dillon Sims and Daniel Jetton won 3rd place in Kayak Design Competition.

Senior plays music, forms band

Kenna Friedrich
Feature Editor

Senior Cooper Key has been playing guitar for a few years, but music has been a part of his life since he was four. Key's biggest influence is his older brother, McCall.

“He’s always playing with his band, and I always had a fun time being around their practices and going to their shows,” Key said.

Not only does Key play guitar and sing, he has his own band as well.

Key said, “My band and I write blues, and I’ve been around music all my life, so it just came naturally.”

Key’s band members include: freshman Logan Wilson, who plays drums, and seniors Skylar Ray and Micah Crouse who play guitar, and senior Colby Rogers, who plays bass.

Key said, “We have been a band since summer of 2017. We got the idea to be a band because when we hang out together, we play guitar and mess around, so we just figured it would be fun to make our own music.”

Ray said, “Cooper is like the leader of the group. He got the band together and got me into it. In general, he is a super great guy, and friend I could have ever asked for. I can trust him with anything, and I’ll always have his back.”

The band has not played anywhere yet, just working on writing songs and getting them down perfectly.

Ray and Rogers said the band is a great way for them to hang out, to have fun, to play music, and do something they all love.

Rogers said, “We couldn’t have made Basement Theatre without Cooper. He’s a very gifted singer and guitarist, and he plays a huge part in the band. Cooper is the greatest

CCHS honors FFA Week

Hailey Watson
Sports Editor

Senior Avery Wilmurth said this year's FFA Week consisted of more activities than previous years.

According to junior Joza Mikulcik, George Washington's birthday party was a favorite.

Mikulcik added that more students participated in spirit days this year. The sophomores received the spirit stick.

Teacher Mary Price was the winner of the Tractor Supply Company gift card.

Another event was the Greenhand and Chapter Degree Ceremony, in which students received degrees based on meeting qualifications in FFA.

Adviser Jacob Falwell said, “This year, we will have 10 kids get their state, and two will go on and get the highest degree, the American FFA Degree.”

Wilmurth said that officers interviewed on a local radio program about FFA Week and the greenhouse. The local newspaper had a spread featuring pictures of the chapter and club rosters.

"Everybody in FFA, their name was in the paper," she said.

Lastly, according to Falwell, seniors Evan Hale and Cole Houston created a model of the greenhouse, which will be on display at various local businesses promote the greenhouse ribbon cutting and grand opening in April.

The Greatest Tasting Show in Town!
270-761-7486 (SGUN)
we cook before your eyes!

Murray Animal Hospital
1601 College Farm Road
270-753-2088
Where the Health and Happiness of Your Pet Come First!
New Coaches

Clayton Bobo
News Editor

The Calloway County Bass Fishing Team has been a successful team since high school bass fishing became a sport. Calloway was one of the first teams around to have a bass fishing team, and statistics show that Coach Jo Beth Robertson has taught this team well.

The team started its season off right as a turkey hunter. Finding where the turkeys have started preparing their hunting farms.

Throughout the fishing season, CCHS has had teams on top of the standings in every tournament that the team has entered.

March 10, CCHS competed in the Marshall County Bass Anglers Ice Breaker Tournament and had many successful finishers.

Juniors Jacob Hudgin and Dylan Bell finished fourth place with 12 pounds, 5 ounces, along with an 8-pound big fish.

Juniors Colton Noel and Allen Mullins finished 6th with 11 pounds, 7 ounces, with a record-breaking 8-pound, 10-ounce, big fish.

Robertson said, “Clayton, like some of the other anglers on the team, is committed to bettering himself by fishing a variety of different tournaments against different anglers. This ability to compete will make him not only a more confident angler, but a more successful one, as well.”

The anglers will be competing in the Christian County Tournament on Lake Barkley on April 14th.

Anglers start season off right

Clayton Bobo
News Editor

The Calloway County Bass Fishing Team has been a successful team since high school bass fishing became a sport. Calloway was one of the first teams around to have a bass fishing team, and statistics show that Coach Jo Beth Robertson has taught this team well.

The team started its season off right as a turkey hunter. Finding where the turkeys have started preparing their hunting farms.

Throughout the fishing season, CCHS has had teams on top of the standings in every tournament that the team has entered.

March 10, CCHS competed in the Marshall County Bass Anglers Ice Breaker Tournament and had many successful finishers.

Juniors Jacob Hudgin and Dylan Bell finished fourth place with 12 pounds, 5 ounces, along with an 8-pound big fish.

Juniors Colton Noel and Allen Mullins finished 6th with 11 pounds, 7 ounces, with a record-breaking 8-pound, 10-ounce, big fish.

Robertson said, “Clayton, like some of the other anglers on the team, is committed to bettering himself by fishing a variety of different tournaments against different anglers. This ability to compete will make him not only a more confident angler, but a more successful one, as well.”

The anglers will be competing in the Christian County Tournament on Lake Barkley on April 14th.

Turkey season begins

Clayton Bobo
News Editor

With turkey season beginning in mid-April, hunters have started preparing their hunting farms.

Turkey hunting requires lots of scouting and hard work to be successful. Turkeys do not hear well, and although turkeys are known for being able to detect small movements, they are used to coming around slowly and moving slow throughout the woods or a field, the birds will most likely stay close by and let you get a shot on them.

If you hunt turkeys in a blind, just sit and wait for them. Although you still call at the turkeys and it can still be successful sometimes, if you can figure out the proper way to stalk a turkey instead of wait on one, you will be more successful.

Junior Ethan Tidwell said that stalking turkeys is the more effective procedure because turkeys are always going to do what they want to do, and if you go to them without scaring them, the only choice they have is to come where you want them.

Junior Cody Paschall said that he has been hunting with his dad for many years. They have killed numerous turkeys, and Paschall explained their success as being due to stalking the turkeys instead of waiting for the turkeys to come to them.

You can stalk turkeys, or you can sit in a blind and wait for them to come in to your calling or to come to the decoys that you have set up.

A big problem turkey hunters have while trying to stalk turkeys is scarifying the turkeys off before getting in shooting range. If you stay low and move slow throughout the woods or a field, the birds will most likely stay close by and let you get a shot on them.

If you hunt turkeys in a blind, just sit and wait for them. Although you still call at the turkeys and it can still be successful sometimes, if you can figure out the proper way to stalk a turkey instead of wait on one, you will be more successful.

Junior Ethan Tidwell said that stalking turkeys is the more effective procedure because turkeys are always going to do what they want to do, and if you go to them without scaring them, the only choice they have is to come where you want them.

Junior Cody Paschall said that he has been hunting with his dad for many years. They have killed numerous turkeys, and Paschall explained their success as being due to stalking the turkeys instead of waiting for the turkeys to come to them.
Laker Tennis begins season strong

Clayton Bobo
News Editor

The Laker Tennis Team has been building since Head Coach Josh Price, a former player, started coaching two years ago through his efforts to recruit new people.

Senior Liz McClain, who started as a sophomore, said, “I’m looking forward to growing with the team and seeing what we can accomplish.”

Sophomore Tucker Swain liked seeing new faces on the court at the first practice. He said that he looks forward to meeting new people every season.

The Lakers had a winning season last year with a record of 6-4; the Lady Lakers’ record was 3-6. The one seed for the boys, senior Logan Eastwood, plans to continue his winning season this year.

“Being my senior year, I have high hopes for what I can accomplish, and with a lot of the region’s best talent graduating last year, this is a good chance for me to make a deep regional run. I am looking to work on placement this year—primarily going to the net and hitting the corners of the court,” he said.

Senior Nicole Marin, the one seed for the girls and the team’s newest addition from Venezuela, said that she hopes to do well the whole season.

Price said that the top players are a few of the seniors: Eastwood, Mallory Hlava, and Marin.

Price said, “I could have a full page of people to keep an eye out for, but these three are looking to be our top seeds.”

Price said the team has been practicing with a newly purchased ball machine; it is a big part of the team’s practice regimen.

Senior Hannah Anderson, McClain, Eastwood, and Hlava agreed that their biggest competitors are Paducah Tilghman and McCracken County.

Price said, “Over the last couple years, the girls’ teams for most of our region have stepped up in a big way. The girls in this region are really tough, not to knock the guys, but overall the girls are starting younger and sticking with it.”

The Laker Tennis Team began their season March 8th at Paducah Tilghman. The Lakers did not come out with a win that night, but on the following night, both the boys’ and girls’ team swept Christian County.

On March 13th, the Lakers played at Mayfield. The girls won 10-0 and the boys won 7-3.

In singles for the girls, seniors Nicole Marin and Hlava won with a score of 8-3, senior Anderson won 8-5, Liz McClain and senior Jacquelyn Taylor won with a score of 9-7, and 8th grader Jayne Bishop won 8-1.

In singles for the boys, senior Juan Valderruten won 8-4, senior Tanner Hicks won 8-3, senior Marshell Thompson won with a score of 8-1, and senior Tom Pelacani won 8-6.

In doubles for the girls, Marin and Hlava won 8-6, Anderson and McClain won with a score of 8-4, junior Joza Mikuleck and Bishop won 8-1, and junior Kirsten Houston and Taylor shut out Mayfield 6-0.

In doubles for the boys, Thompson and Valderruten won 8-3, junior Syler Kennedy and Pellacani won 8-6, and freshmen Jackson Chapman and Caden Emerson won 6-2.

The team played Murray on March 16th. The boys came out with a win of 8-1 in the crosstown games and the girls were defeated 3-6.

The Lakers’ next home match is April 13th versus CCA.

Archers head to state contest

The CCHS Archery Team shot a team’s best score, a 3,222, at the National Archery in the Schools Program (NASP) Regional Tournament. This impressive and respectable score advanced the team to the state tournament taking place today in Louisville.

This division that local high school archery teams compete in meets year-round. CCHS Archery also competes in the Kentucky High School Athletic Association, which hosts two tournaments a year, the regional and state tournament. The KHSAA regional tournament was Saturday. Senior Brianna Lockwood scored two back to back 50s at 10 meters and a total score of 287/300.

Coach Onda Sheridan said that the archery team has competed in a couple more NASP state tournaments, which gave the team the opportunity to increase their ranking for state.

Many archers from Calloway had their best tournament when it counted at the NASP Regional Tournament. Sheridan said that she can’t wait to see what the future holds for these excelling archers.

In regional competition, junior Jackson Hale and freshman Ava Lewis both shot an impressive score of 272/200; senior Chelsey Nance shot a perfect 50 at 10 meters with a total score of 266/300.

Lockwood shot a 281/300, placing her 6th overall in the region.

The team was led by freshman Lockwood, who scored two perfect 50s at 10 meters with a total score of 287/300. That was good enough for a second place overall in the region.

Recent tournaments have been important because the team needed its rank to increase before competing at the KHSAA Regional Tournament in Henderson, which was Saturday.

The CCHS Archery team has exceeded that goal because they have had dominating performances of 9-7, and 8th grader Jayne Bishop won 8-1.

Senior Hannah Anderson serves during a recent match.

The CCHS Archery Team has competed in the Calloway County Regional Tournament. This was the first regional trip in six years for the Lady Lakers.
BASS Fishing

Juniors Andrew Douglas, left, and Colton Cox show off their catches. Calloway County was well represented at the very first high school BASS tournament earlier this month at Kentucky Dam Marina. Ten two-man teams from Calloway competed, with two of the club’s members winning the event. Douglas and Cox finished first with their three bass that tipped the scales at 12 pounds and 9 ounces with their largest, a smallmouth, weighing 5 pounds and 5 ounces.

Jo Beth Robertson

Baseball strives to meet expectations

Clayton Bobo
News Editor

At press time, the Laker Baseball Team is 0-1. The Lakers have high expectations this year after winning the district tournament in 2017.

According to Asst. Coach Ed Chapman, “Our number one goal is to keep improving as a team throughout the season so we can be playing our best ball when it comes to tournament time. We want to do well in our district games against Murray and Marshall also. We are playing a tough schedule and hoping that will help us be prepared to win the District and Regional tournaments. There are several really good teams around, but as a team, we feel like winning the regional tournament is a realistic goal.”

As Chapman said, the expectations are high and chances of the Lakers winning the District and Regional tournaments are realistic if the team continues to grow throughout the season.

The baseball team has a few outstanding players looking to continue their baseball career in college, including junior Tyce Stalls and senior Lofson Pigg.

Stalls said, “With the team having high expectations and me having high expectations myself, we are going to continue to work as a team and grow in becoming better ball players.”

Stalls also said that due to his skilled pitching abilities, he has been bettering himself during the offseason trying to get stronger so that more colleges find an interest in him.

Pigg, who is committed to Freed-Hardeman, said, “A goal for this year’s team would be to beat Paducah Tilghman and McCracken and go on and win the regional championship. We have worked hard during the offseason and are prepared for the challenges that we will face to reach our goals.”

The baseball team will be playing today at Hopkins County Central at 6 p.m.

Track team sets multiple records

Madison Evans
Photographer

The Laker Track Team had a colossal start to this competition season with multiple wins and new school records.

Coach Mike Wicker said, “We always look forward to the regional and state meets in May, but I also look forward to seeing all of my athletes improve as the season goes on.”

In a recent track meet held at the CFSB Center in Murray, the boys’ team finished 4th place out of 17 teams. Some of their top performers include sophomore Kade Mize, who won 1st in high jump with a new indoor school record jump of 5’8”; senior Cody Orr, who set an indoor school record in 55m hurdles; and the 4x400 relay team of freshman Aaron Fennel, Junior Dareios Stirling, senior Jordan Higgins, and junior Logan Curd, who set an indoor school record.

The girls’ team placed 7th out of 17 teams. Some of their top performers include sophomore Chaney Cox, who set an indoor school record in 55m hurdles; 8th-grader McKenzie Davis, who set an indoor school record in shot put; 8th-grader Ethan Thrift placed 5th.

Cox won 2nd in triple jump and 5th place in long jump; Mikulcik won 2nd in discus; and junior Audrey Jezorski won 5th place in 800m.

“We have a really good mix on both teams of youth and experience. Overall, our team’s goal is to compete for a regional championship on both the boys and girls teams and finish in the top 10 at state for both teams,” Wicker said.

On Saturday, the Laker Track Team competed in the Invitationals of the South at Murray State University. Top Finishers include senior Christian Bobo, who won 1st place in long jump with a jump of 21’9”. Bobo is now ranked 1st in his class. Eleri Gesler is now ranked 2nd in her class, and Mikulcik is now currently ranked 1st in her class as well.
Little League program produces wrestlers

Hailey Watson
Sports Editor

Freshman Keaton Elliott and sophomore Jeffery Littlebrant qualified to go to wrestling state in February.

“Elliott (freshman) was 3-2 and finished in the top 12. He lost an overtime match to the fourth-place finisher and a 1-0 match to the third-place finisher,” Head Coach Chris McWherter said.

Littlebrant went 0-2 on the day. However, this is his first year wrestling for a high school team, so qualifying for state alone is a big accomplishment for him.

Just because the official season is over for Laker Wrestling doesn’t mean the team is done with wrestling. The team is creating new wrestlers through its little league coaching program.

“Little league is important as it introduces most kids to the sport of wrestling. We try to teach and build fundamentals of the sport that they will practice all the way through high school,” McWherter said.

Co-Captain Dylan Bell, junior, said, “[Little league] is the basis of your program. You’ve gotta build a base, and right now we’re not the best program number-wise, so this will help with that.”

The benefits of the little league program can be seen right now with Elliott.

McWherter said Elliott started wrestling in second or third grade. Elliott has qualified for high school state for the past two years.

“We have several kids in the little league program that are on our team. Many of these kids should end up coming into the Laker Wrestling programs within a few years. Others may end up in surrounding counties or schools that could establish their own wrestling programs.”

As far as the actual practice, McWherter said, “Typical practice sessions are one hour and 15 minutes. During this time we teach a new move from each starting position (top, bottom, and neutral). At the end of the session, during the last 15 minutes, we try to incorporate a fun activity for the kids.”

“Our middle school and high school team becomes the coaching staff. I can say enough about the relationships that are built, grow, and flourish over the course of little league between the young kids and our Laker wrestlers. Most of the kids gravitate to their favorite wrestler and will then come to the matches during the following season.”

He added, “Our wrestlers learn how to coach the moves to others. When you can show someone else how to do something and have that person understand it, I believe it shows how well you know it, especially if you are teaching 5-6 step movements to a 5-year-old. It builds patience for sure. It also reinforces the fundamentals that are taught throughout the high school wrestling season.”

Third-grader Olivia Powers is just now beginning her second year of little league. She said she was inspired to join by her older siblings, junior Tori Doughty and freshman Caitlyn Powers, who are on the high school team. She plans on wrestling in high school, too.

Powers said that she is glad she joined little league and plans on doing it again next year.

McWherter said, “There are numerous benefits to be had during the little league season. First, you have 30-50 kids that are exposed to this weird, new, odd sport called wrestling. It’s not something that most are aware of like basketball, football, baseball. Having the opportunity to show young kids our passion, our craft, is just one way we can give back to the sport that has given so much to us.”

Young team has strong bond

Kenna Friedrich
Feature Editor

Head Coach Troy Webb said the Lady Lakers Softball Team’s goal this season is to win 20 or more games, win districts, and to advance in the regional tournament.

The Lady Lakers are off to a good start on that goal; at press time, the team is 3-0.

Senior Anna Beth Carter and junior Jenny Doughty both have set some personal goals.

Carter said, “I hope to be the best leader of the team that I can be, since I’m the only senior, and to give 100 percent all the time.”

To achieve those goals, the team needs to improve on its weaknesses.

Doughty said, “As a team, a weakness we have is we are young, and we only have one senior this year. To accomplish our goals as a team, we are going to have really hard practices to make us better, and we are going to work hard in practices and in games.”

Webb and Carter said they hope to adjust to playing teams that are more experienced.

Webb has a plan to improve on areas of weakness.

“The plan is to play as many games against some pretty good teams. We have a pretty tough schedule that I feel like will prepare us for the post-season. I expect Anna Beth Carter to lead our team by example. For us to accomplish our goals, we must continue to work and get better each day,” Webb said.

Young though it may be, the team has strengths as well.

Webb said, “All of our players have played a lot of softball at a high level. I think our hitting and defense will be one of our strengths. Even though our pitchers will be young, I feel like they will be a strength as well.”

Webber and Carter said they have several kids in the little league program that are on the high school team. She said she was inspired to join by her older siblings, junior Tori Doughty and freshman Caitlyn Powers, who are on the high school team. She plans on wrestling in high school, too.

Powers said that she is glad she joined little league and plans on doing it again next year.

McWherter said, “There are numerous benefits to be had during the little league season. First, you have 30-50 kids that are exposed to this weird, new, odd sport called wrestling. It’s not something that most are aware of like basketball, football, baseball. Having the opportunity to show young kids our passion, our craft, is just one way we can give back to the sport that has given so much to us.”

HAPPY HOLIDAY TRAVEL, INC.
“SPECIALIZING IN PONTOON BOATS FOR OVER 40 YEARS”

Corner 54 East and VanCleave Rd.
Murray, KY 42071
Ph: 270 753 6116 Toll Free 1 888 753 6116
www.happyholidaytravel.com
Email: hhtboats@happyholidaytravel.com

Printing Services of Murray
7:30 am - 5:00 pm Monday - Friday
270 753 5397
www.PRINT102.com
102 North 4th Street
Murray, KY 42071

Celebryations

Tux Rentals and Prom Bouquets!

Stand out, COHS!
Get your prom flowers here!

Monday-Friday: 10:00-5:00
Saturdays: 9:00-12:00
1900 N. 12th St.
Murray, KY 42071
(270) 761-2933
Kentucky’s Friendliest Half Marathon

half marathon • relay • 5k
APRIL 14th • 7:00 a.m.

up to 50
STUDENTS RUN 5K FOR FREE!

STUDENTS, stop by Toyota of Murray to pickup your free entry into the 5K while supplies last!